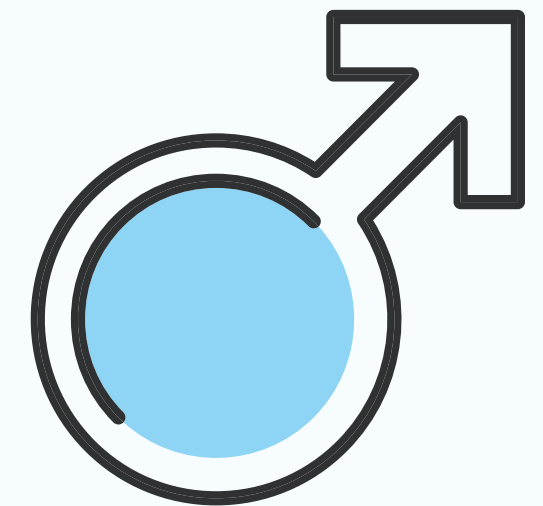


PREMATURE EJACULATION

PREMATURE EJACULATION (PE) IS A COMMON SEXUAL ISSUE IN WHICH A MAN EJACULATES TOO QUICKLY DURING SEXUAL ACTIVITY, WITHIN 1 OR 2 MINUTES OF PENETRATION..



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BEHAVIORAL FACTORS



MASTURBATION HABITS

SOME MEN MAY DEVELOP RAPID EJACULATION HABITS DURING SOLO MASTURBATION, WHICH CAN CARRY OVER TO PARTNER SEX. EXPLORING DIFFERENT TECHNIQUES DURING MASTURBATION CAN HELP RETRAIN YOUR BODY'S RESPONSE

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PSYCHOLOGICAL FACTORS



ANXIETY

Anxiety about sexual performance, relationship problems, Performance Anxiety

BEHAVIORAL THERAPY

BEHAVIORAL THERAPY TECHNIQUES, SUCH AS THE STOP-START METHOD AND THE SQUEEZE TECHNIQUE, CAN HELP INCREASE EJACULATORY CONTROL. THESE METHODS INVOLVE PAUSING OR APPLYING PRESSURE TO DELAY EJACULATION DURING SEXUAL ACTIVITY.

MEDICAL FACTORS



A spiral-bound notebook with a white cover and silver rings is placed on a grey surface. The words "HORMONAL IMBALANCE" are written in large, bold, red capital letters on the notebook's page. Scattered around the notebook are several colorful pills (red, yellow, white) and a syringe with a blue plunger.

**HORMONAL
IMBALANCE**

HORMONAL IMBALANCES

**IN RARE CASES, HORMONAL IMBALANCES MAY
CONTRIBUTE TO PREMATURE EJACULATION.**

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COUNSELING AND THERAPY



COUNSELING AND THERAPY

SEX THERAPY OR COUPLES THERAPY CAN BE HELPFUL FOR ADDRESSING ANY RELATIONSHIP ISSUES OR COMMUNICATION PROBLEMS RELATED TO PE.



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BLOCKAGES



BLOCKAGES IN THE MALE REPRODUCTIVE TRACT CAN PREVENT THE RELEASE OF SPERM DURING EJACULATION. SURGICAL PROCEDURES, SUCH AS VASECTOMY REVERSAL OR EPIDIDYMAL REPAIR, MAY BE ABLE TO CORRECT THESE BLOCKAGES.

Most of the patients receive the proper treatment they need.



INFLAMMATION OR INFECTION TO THE
PROSTATE GLAND OR URETHRA CAN ALSO
CAUSE PREMATURE EJACULATION

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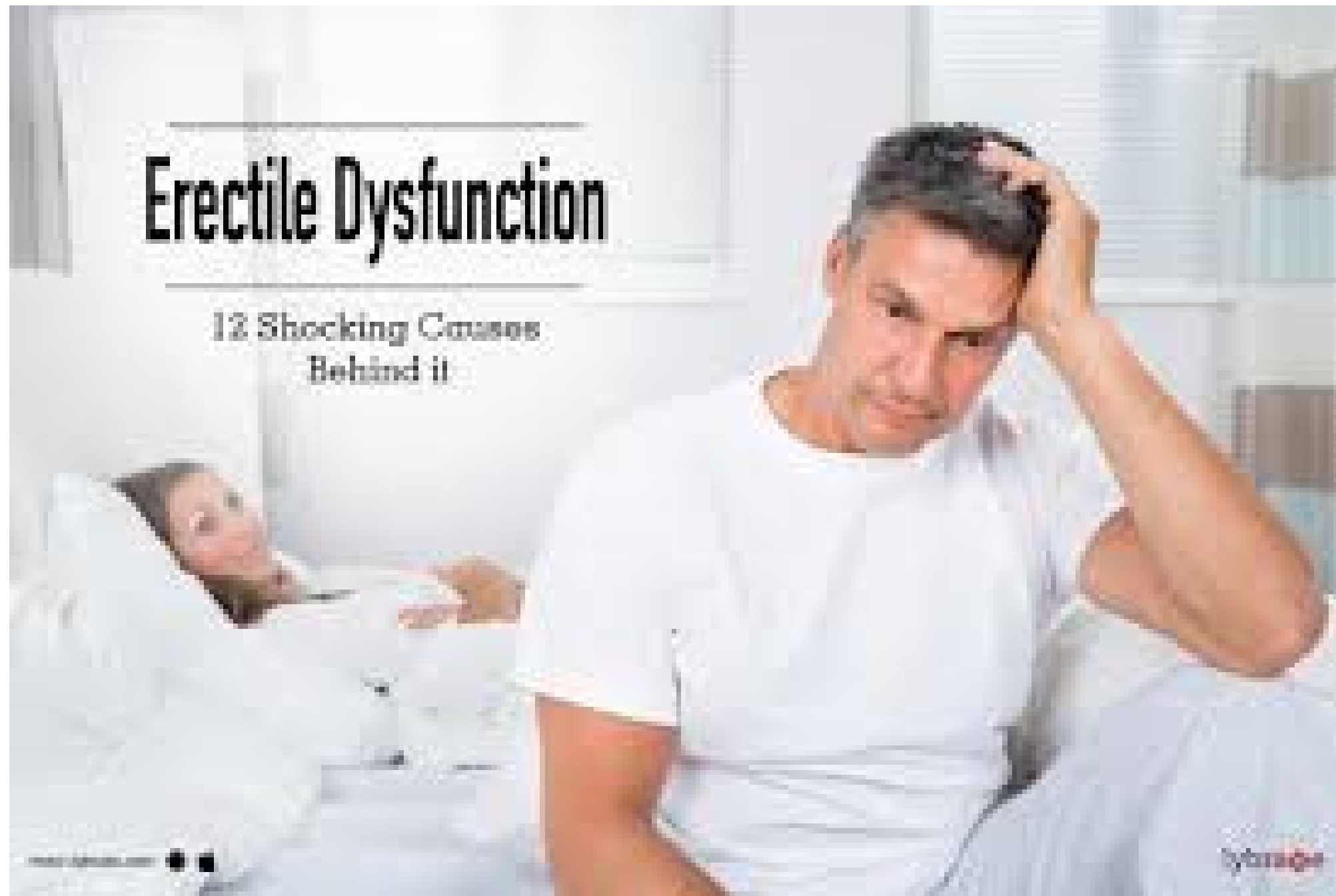




Hyperthyroidism

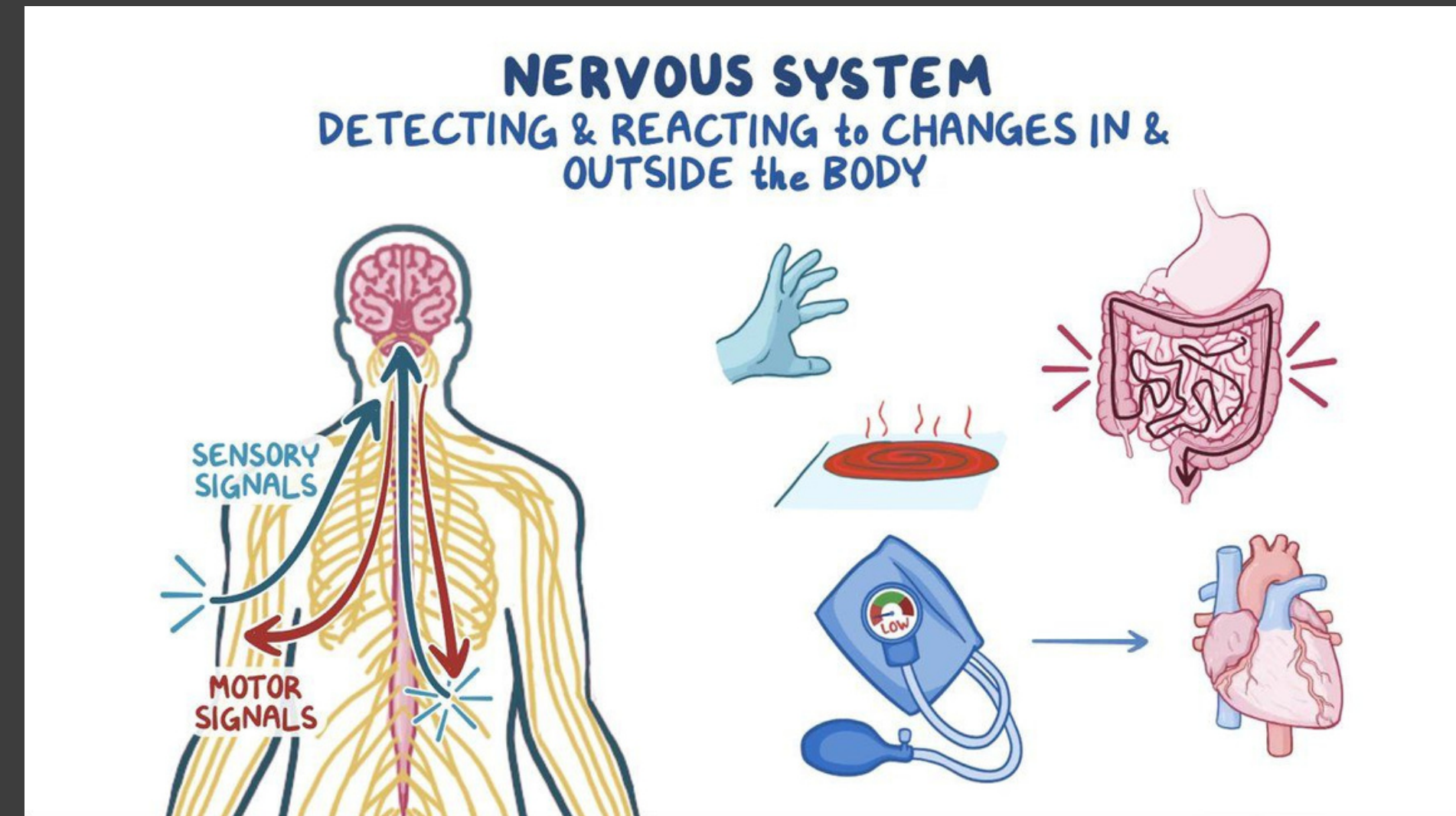
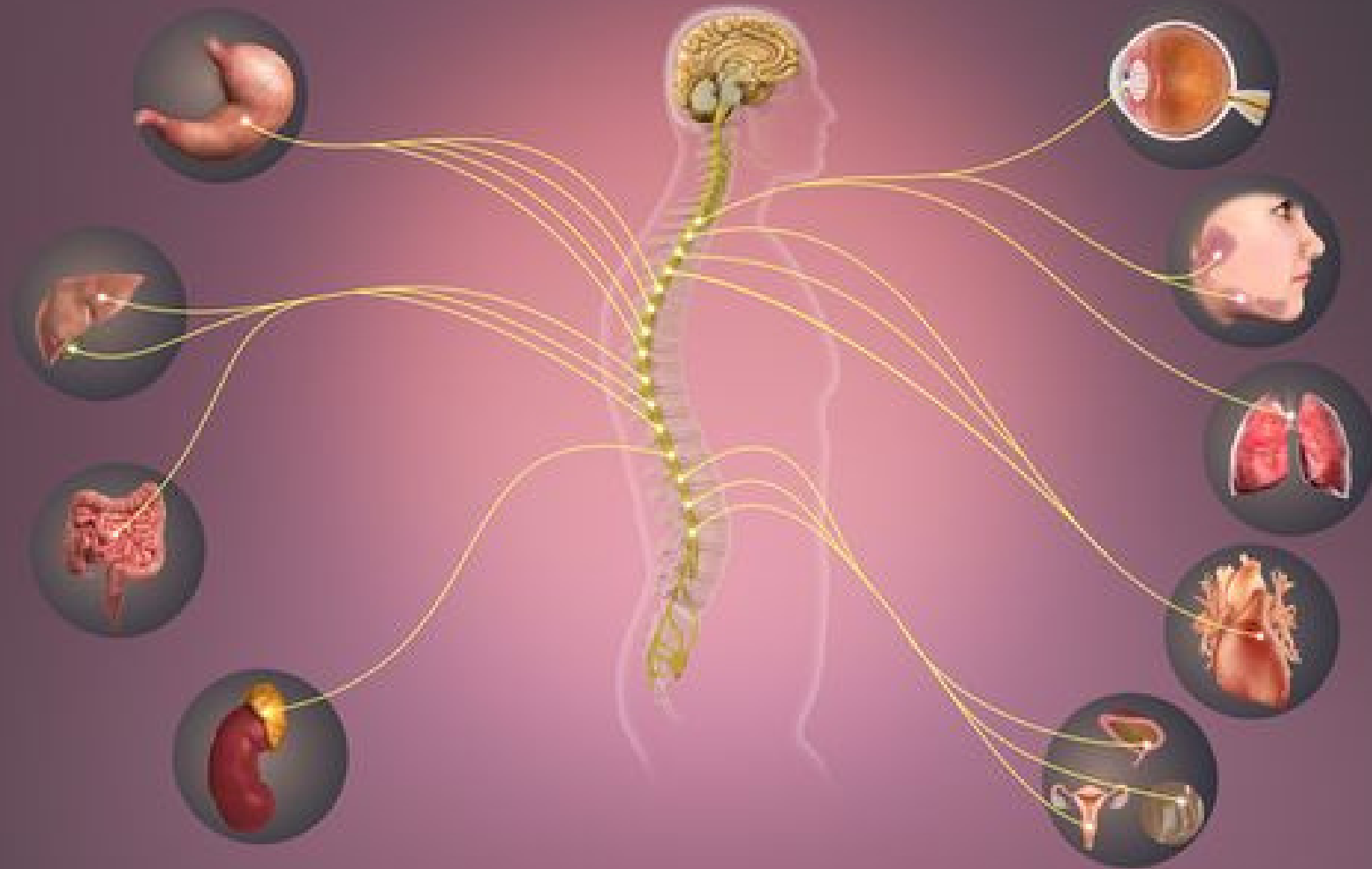
Hyperthyroidism is a medical condition where the thyroid gland is overactive and produces an excessive amount of thyroid hormones. This condition can lead to a wide range of symptoms, including anxiety, nervousness, rapid heart rate, and increased metabolism.

Erectile Dysfunction



"Erectile dysfunction" (ED), which is a common medical condition in which a man has difficulty achieving or maintaining an erection sufficient for sexual intercourse. ED can have various causes, both physical and psychological

Neuropathy



Nerve weakness or nerve damage can be caused by conditions like diabetic neuropathy, Erectile dysfunction, where high blood sugar levels damage nerves, leading to symptoms such as tingling, numbness, and weakness.

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